

International Training Program  
**EXISTENTIAL THERAPY** (in English)  
Basic Course, 2 years

**REQUIREMENTS FOR TRAINEES**

1. HIGHER PSYCHOLOGICAL, MEDICAL, SOCIAL WORK EDUCATION (OR MASTER'S DEGREE IN THE FIELD MENTIONED ABOVE).
2. PRACTICE OF PSYCHOLOGICAL COUNSELLING IS PREFERRED.

**PROGRAM CONTENT AND SCOPE**

1. THEORIES OF EXISTENTIAL PSYCHOLOGY AND PSYCHOTHERAPY (L.BINSWANGER, M.BOSS, V.FRANKL, A.LANGLE, R.MAY, J.BUGENTAL, R.LAING, E.VAN DEURZEN, E.SPINELLI) (60 HOURS)
2. EXISTENTIAL THERAPY: PHILOSOPHY, THEORY, PROCESS (40 HOURS)
3. BASICS OF PSYCHIATRY (32 HOURS)
4. BASICS OF PSYCHOTHERAPY (32 HOURS)
5. EXISTENTIAL PHILOSOPHY (28 HOURS)
6. CRISIS COUNSELLING (16 HOURS)
7. PHENOMENOLOGICAL PSYCHOLOGY: THERAPEUTICAL RESEARCH METHOD AND ATTITUDE OF THE THERAPIST (16 HOURS)
8. EXISTENTIAL DREAM ANALYSIS (16 HOURS)
9. INTRODUCTION TO PHENOMENOLOGY (16 HOURS)
10. INTRODUCTION TO SUPERVISION THEORY (4 HOURS)
11. PERSONAL INDIVIDUAL PSYCHOTHERAPY (50 HOURS)
12. EXPERIENCE IN PSYCHOTHERAPEUTIC GROUP (64 HOURS)
13. GROUP SUPERVISION OF PSYCHOTHERAPEUTIC WORK (104 HOURS)
14. ASSESSMENT OF TRAINEES' THEORETICAL ESSAYS (40 HOURS)
15. ASSESSMENT OF TRAINEES' PRACTICAL WORK (40 HOURS)
16. CONSIDERATION OF TRAINEES' INDIVIDUAL SUPERVISIONS (6 HOURS)
17. CONSIDERATION OF TRAINEES' PERSONAL THERAPY (2 HOURS)

GENERAL SCOPE – 566 HOURS

**OBLIGATORY WRITTEN WORKS:**

1. ESSAY ON EXISTENTIAL PHILOSOPHY
2. ANALYSIS OF PROFESSIONAL AND PERSONAL EXPERIENCE IN PSYCHOTHERAPY GROUPS (2 WRITTEN WORKS)

THESE WORKS SHOULD BE PROVIDED TILL THE 6-TH SEMINAR.

**ASSESSED WORKS (IN WRITTEN):**

1. EXISTENTIAL PHILOSOPHY / PSYCHOLOGY AND THE WORLD OF MY LIFE
2. A CASE STUDY OF PSYCHOTHERAPEUTIC PRACTICE
3. ANALYSIS OF INDIVIDUAL PERSONAL THERAPY
4. ANALYSIS OF INDIVIDUAL SUPERVISIONS EXPERIENCE

THE TRAINING PROGRAM CONSISTS OF 6 SEMINARS . THE DURATION OF EACH SEMINAR IS FROM 12 TO 14 DAYS.

AFTER BASIC COURSE IS COMPLETE TRAINEES GET THE CERTIFICATION WHICH PROVES THAT THEY HAVE COMPLIED WITH THE REQUEST. THE CERTIFICATION BRINGS A TRAINEE AN OPPORTUNITY TO UPGRADE TO PROFESSIONAL COURSE IN EXISTENTIAL THERAPY.

AFTER BASIC AND PROFESIONAL COURSES ARE COMPLETED THE PSYCHOTHERAPISTS CAN APPLICATE FOR THE EUROPEAN PSYCHOTHERAPIST CERTIFICATE.